



Care & Aim Network for Humanity(CAN4H / CAN For Humanity)

Care & Aim Network for Humanity is a non-profit organization committed to working for charitable causes in our communities. Our initiatives seek to alleviate poverty, solve health issues, and serve our community in different targeted ways, especially the marginalized and underprivileged in society. We believe that by empowering women, children, and the youth, we can create a more just and equitable society.

At Care & Aim Network for Humanity, we develop and implement our activities using a humanitarian approach and believe that through our vision, mission, and initiatives, we can help create a better world for all. Our commitment to our work is unwavering, and we will continue to work tirelessly toward an empowered society.

Our Vision

Our vision is to create a world where women and youth are empowered, children and women's rights are respected, livelihoods are transformed, and health awareness is promoted while striving to advance HIV/AIDS prevention to create an equitable society, just, and sustainable.

Our Mission

- To create sustainable livelihood opportunities.
- To promote health awareness, equity, and prevention.
- To advocate for women's and children's rights.
- To provide access to sexual reproductive health education and rights.
- To empower women children, and youth, and their rights.
- To provide comprehensive complementary healthcare services in society.

Goals

- To empower women and youth to become agents of change in their communities.
- To promote the rights of women and children, especially in marginalized communities.
- To create sustainable livelihood opportunities that promote economic growth and development.
- To increase health awareness and prevent the spread of HIV/AIDS.

Objectives

- To provide education and training programs that build the capacity of women and youth to take leadership roles in their communities.
- To engage in advocacy efforts that promote policies and practices that protect the rights of women and children.
- To promote the development of small and medium-sized enterprises that generate income and create employment opportunities for marginalized communities.
- To conduct health campaigns and provide health services that promote prevention, early detection, and treatment of illness including HIV/AIDS.

Values

- **Empowerment:** We believe in empowering women and youth to be agents of change in their communities.
- **Equity:** We believe in creating a fair and just society where everyone has equal access to opportunities.
- **Sustainability:** We believe in creating sustainable solutions that have a long-term impact on communities.
- **Respect:** We believe in respecting the rights and dignity of all individuals, especially women, and children.
- **Collaboration:** We believe in working with partners, stakeholders, and communities to achieve our mission and goals.
- **Transparency:** We believe in being transparent and accountable in our actions and decision-making processes.
- **Innovation:** We believe in being innovative and creative in our approach to solving complex problems.



Program Overview

Care & Aim Network for Humanity is comprised of activators and volunteers who are passionate about making a difference. We focus on empowering women and youth, protecting women and children's rights, creating sustainable livelihood opportunities, promoting health awareness and prevention, and advancing HIV/AIDS prevention.

Thematic Areas of Activities

Education and training programs: We provide education and training programs to build the capacity of women and youth to take leadership roles in their communities. We focus on topics such as leadership development, entrepreneurship, and financial literacy.

Advocacy efforts: We engage in advocacy efforts to promote policies and practices that protect the rights of women and children. We work with partners and stakeholders to influence decision-makers and bring about positive change.

Health campaigns and services: We conduct health campaigns and provide health services to promote prevention, early detection, and treatment of illness.

Sustainable livelihood opportunities: We promote the development of small and medium-sized enterprises that generate income and create employment opportunities for marginalized communities. Our focus is on creating sustainable solutions that have a long-term impact on communities.

Sensitization and awareness campaigns: We conduct awareness campaigns within the community on wastewater management, preventative care, and the importance of clean water and a green environment.

Highlights of the CAN4H Outreach Activities

Below are some of the activities and works we have carried out as Care and Aim Network for Humanity to show love, care, and support

Building A Police Station In A Community- Rosedale Police Station- 2016

In 2016, CAN for Humanity Collaborated with key stakeholders in the community to help resolve the increasing crime rates in the Lusaka-West area by building a police station to ensure that crime rates were reported and security was maintained. It was a great concern that directly affected the businesses in the community and the population. The setup of the police station was important as it helped to address and reduce not just the crime rate but also, timely reports of rape and domestic violence cases.



HOUSE OF HOPE-2016

House of Hope Zambia is an organization supporting orphans, the vulnerable, widows, and the underprivileged in society. House of Hope Africa works to holistically improve the lives of vulnerable women, children, and families living in impoverished areas. This is achieved through combined efforts by every member of society offering any form of help to those in need. Through providing advocacy, education, and training, the team forms integral relationships within the community, empowering individuals to grow and fulfill the purpose and destiny God has for their lives.

Orphanage visit

CAN for Humanity strongly believes in giving back to the community, especially the orphaned, minority, and marginalized in society who need additional support and care. CAN For Humanity paid a visit to the orphanages for abused and raped victims in Lusaka. During the visit to the orphanages, we noted the different challenges faced by orphans and their caregivers in access to health care, food, school fees, books and sanitary kits for the girl child, and basic life essentials such as soap, tissues and lotions

At the end of the visit, CAN for Humanity offered a scholarship to one of the students to attend university so that she could fulfill her dream. During the engagement with the kids, we emphasized that life is not defined by the past nor does it end after being raped or abused, there is more to life and what happened in that past should not hold anyone from working towards their dream.



KEEP LUSAKA CLEAN CHAMPAIGN-2017

The Ministry of Local Government implemented the 'Keep Zambia Clean and Healthy' campaign, a behavior change program aimed at keeping surroundings in Zambia clean, healthy, and green to improve the health standards of Zambians throughout the country.

In 2017, Care and Aim Network for Humanity participated in the Keep Zambia Clean and Healthy Campaign by cleaning the surrounding communities; the streets and unblocking clogged gutters and drainage ditches along the roads.

World Water Day at Chilenje Hospital Maternity Ward

The Chilenje Hospital Maternity Ward, similar to other government health facilities faces shared challenges such as limited resources and under-staffing which influence the quality and type of care provided that affect the diagnosis, and treatment of care including referral of emergency cases to the national hospital.

CAN 4 Humanity supported by Fairy Bottling visited the Chilenje Maternity Wards to donate mineral bottled water to the mothers in the maternity wards in commemoration of World Water Day 2017 under the theme "Wastewater".

Services provided at the Chilenje Hospital Maternity Ward

- Outpatient department
- Under-five department
- Maternity Ward
- Observation Wards
- Laboratory
- HIV/AIDS Support Groups
- Community Outreach



Pediatric visit at the UNIVERSITY TEACHING HOSPITAL

The University Teaching Hospital (UTH) is the largest public hospital in Zambia located in the capital city of Lusaka approximately 4 km east of the city centre. UTH is the principal medical training institution in the country for medical students, interns, and postgraduate doctors and within it, a nursing training school for nurses. The University Teaching Hospital (UTH) represents a remarkable reflection of the health system in Zambia and the complex institution serves as the referral centre for all complicated medical conditions.

CAN 4 Humanity supported by Fairy Bottling visited the 10 Pediatric Children's Wards at UTH and donated bottled water to all 10 children's wards. Led by Mr. Mwiche Chipaya, the Customers Relations Officer, the team spent the day with the kids in the pediatric ward followed by a discussion on how CAN for Humanity can further support the pediatric wing at the hospital.



Special Olympics Zambia

Special Olympics is an organization established in 1968 and works worldwide with athletes with intellectual and physical disabilities using thousands of volunteers and coaches each year. Since its establishment, the number of volunteers and people without intellectual disabilities organization has been growing at a fast pace. Special Olympics Zambia is a program aimed at changing the lives of persons with intellectual disabilities through the power of sports training and athletic competition in a variety of Olympic-type sports for children and adults by giving them continued opportunities to develop physical fitness, demonstrate courage, experience joy and participate in sharing gifts, skills, and friendship with their families, other Special Olympics athletes and the community as a whole.

The main attractions of this event are:

- Athlete Screening in Special Olympics
- Health promotion with Colgate Palmolive
- Young Athletes activities, 7Aside Soccer, 100m walking Race, and 1X400m Relay

It was an honor for Care and Aim Network for Humanity to participate in the events by providing refreshments and funding for Volunteer's transportation and allowances.



Glow Fashion Show (Empowering Persons With Disabilities And Ensuring Inclusiveness And Equality-2018)

Care and Aim Network for Humanity CAN4H powered by Fairy Bottling partnered with Zambian and International Designers to organize an exclusive fashion show under the theme "Empowering Diversity" and had models from different backgrounds including those with disability. The guest of honor was the renowned international designer Tarek Sinno. The fashion event was designed with an innovative approach to mirror the international fashion shows to boost morale and spark creativity among the fashion designers in attendance while giving the models an international feel-experience as a model with the hope to motivate them to continue to pursue their modeling career.

During the event, two dresses donated by international designers were auctioned and all donations and proceeds were donated to the Esther Lungu Foundation. Tarek Sinno, our guest of honor, also conducted a 3 day fashion design workshop to upcoming local designers.



CARE AND AIM NETWORK FOR HUMANITY AND THE UDIE SOKO FOUNDATION - ZAMBIAN CANCER SOCIETY - 2019

On 14th September 2019, Dr. Mohamed El Sahili, Chairman of Care and Aim Network for Humanity and Chief Executive & Vision Officer of Medland Hospital, developed and dedicated a support program named "Udie Soko Support Program" to honor the efforts of Mrs. Udie Soko in reinforcing the Zambian Cancer Society. The Udie Soko Support Program aims to provide patients who cannot afford specialized care, free of charge at Medland Hospital.

Christmas Celebration For Under Privilege Children In Lusaka

In December 2019 Care & Aim Network for Humanity hosted a Christmas party for underprivileged children in Lusaka in collaboration with Orca Deco. Activities that took place included face painting and jumping castle. As per tradition, in the spirit of Christmas, Father Christmas gave each child a gift and snacks.



HOME OF HAPPINESS A HOME FOR CHILDREN WITH DIFFERENT DISABILITIES

In December 2021 in commemoration of the international day of persons with disabilities CAN For Humanity Chairman, Dr. Mohamed El Sahili, and his team paid a visit to the children's home with gifts for the children, and participated in different physical activities with them.

Building Of The Litoya Market

In 2020 through the Office of the Vice President of Zambia, Madam Inonge Mutukwa Wina. CAN for Humanity helped build a market in the rural areas of the western province called Litoya Market, to provide shelter from harsh weather to single mothers and widows while they conduct their business.





CAN For Humanity COVID -19 Initiatives.

During the early stages of the COVID-19 outbreak in 2020, when the World Health Organization (WHO) announced it as a global pandemic, CAN For Humanity collaborated with Medland Hospital to provide education and awareness about COVID-19. This included information on how individuals, families, and communities can prevent and manage the virus.

CAN For Humanity shares the same principles and values as Medland Hospital, which centers around the idea that we can achieve more when we work together. As a result, they formed partnerships and collaborations to increase awareness, educate and sensitize the community about COVID-19, and share relevant materials. With Medland Hospital's support, CAN For Humanity facilitated COVID-19 screening, testing, and vaccination through Q-Medland Clinics that were donated to the community. This made COVID-19 services more accessible to the community.

The Future

Our mandate is to continue our call to action by offering support for the less privileged in society through health care and education support systems. We seek to establish partnerships with organizations and stakeholders with similar interests to advocate for a policy review to address youth and gender issues. We believe that through collaboration, we can create a world that is more equitable and just, where every individual has access to the resources and support they need to reach their full potential.

Our goal is to support the less privileged in society, specifically women, children, and youth, by providing them with healthcare and education assistance. In addition, we are committed to promoting a healthy environment and have launched a program to improve access to clean water and environmental sanitation.

Below are some future activities and projected prospects that could be undertaken:

Education and Training Programs

- Develop and implement leadership training programs for women and youth in target communities, focused on building skills such as communication and problem-solving.
- Establish partnerships with local educational institutions to provide scholarships and vocational training opportunities to young women and girls.

Advocacy

- Collaborate with local and national policymakers to advocate for policies that protect the rights of women and children, such as anti-discrimination laws, child protection policies, and gender-based violence prevention measures.
- Develop and implement public education campaigns to raise awareness about the importance of protecting women's and children's rights in the community.

Small and Medium-Sized Enterprise Development

- Establish small business incubators in target communities, providing training and resources to help entrepreneurs start and grow successful businesses.
- Provide microfinance loans to support the growth of small businesses owned by women and youth.
- Connect small businesses with local and regional markets, helping them to expand their reach and generate more income for the community.



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Health Awareness Campaigns and Education

- Collaborate with local healthcare providers and educational institutions to improve access to quality healthcare and education.
- Develop and implement programs to prevent the spread of communicable diseases such as tuberculosis, influenza, and other infectious diseases.
- Develop programs to promote healthy lifestyle choices such as regular exercise, healthy eating, and stress reduction techniques.
- Develop and implement public education campaigns to raise awareness about the importance of preventive healthcare, healthy lifestyle choices, and disease prevention.

Comprehensive Complementary Healthcare Services

- Develop and implement programs to provide complementary healthcare services to the community, including services such as acupuncture, chiropractic, massage therapy, and other alternative therapies.
- Establish partnerships with local healthcare providers and government agencies to provide vaccination programs and other preventive healthcare services.
- Develop programs to provide home-based complementary healthcare services to individuals who cannot travel to healthcare facilities due to mobility issues, transportation limitations, or other barriers.

Wastewater Management, Water and Environmental Sanitation

- Increase community awareness of the importance of access to sustainable clean water and a green environment.
- Develop and implement wastewater management systems to improve the quality of water in underprivileged communities.
- Provide education to community members on proper waste disposal and management practices.
- Increase community awareness of the importance of access to sustainable clean water and a green environment.

Partnerships

- Establish partnerships with organizations and stakeholders with similar interests to advocate for a policy review to address youth and gender issues.
- Collaborate with government and other organizations to address issues related to women's and children's rights and access to sexual reproductive health.
- Partner with local health organizations to provide training and resources to community health workers, enabling them to provide more effective prevention and treatment services.
- Establish partnerships with local schools and community organizations to provide health education workshops and programs to students and community members.

By focusing on these areas, Care & Aim Network for Humanity can continue to work towards its mission of empowering women and youth, protecting women and children's rights, creating sustainable livelihood opportunities, promoting health awareness, equity, and prevention, and creating a world where marginalized communities have access to the resources they need to thrive.

We are confident that by investing in education, advocacy, small business development, and health promotion, it is possible to build more resilient and equitable communities that protect and empower marginalized groups such as women and youth.

